



Upper Darby Township Police Department Office of the Superintendent of Police



Date: October 20, 2025

To: All Police Personnel

From: Timothy M. Bernhardt
Superintendent of Police *TMB*

Subject: Outstanding Employee – Third Quarter 2025

After reviewing the nominations, the committee has selected **Detective Amanda Shephard #138** as the recipient.

Detective Sergeant Matthew Rowles #655 wrote in his nomination of Detective Amanda Shephard #138 the following:

It is with great respect and appreciation that I nominate Detective Amanda Shephard as Employee of the Quarter for her outstanding work in the Special Investigations Unit, specializing in sexual assault investigations.

Detective Shephard consistently takes on one of the most demanding and emotionally challenging assignments in law enforcement. These cases require a high level of professionalism, compassion, and attention to detail and Detective Shephard delivers on all fronts. Despite carrying a heavy and often complex caseload, her investigative reports are always completed thoroughly and on time. Her work is meticulous, and her follow-through is unwavering.

Her commitment and tenacity were clearly demonstrated during a recent investigation involving four young victims. Through numerous interviews and extensive effort, she helped secure an arrest warrant for an adult suspect, who was subsequently charged with 20 counts of rape and sexual assault.

What sets Detective Shephard apart is not only her ability to handle these sensitive cases but also her commitment to giving victims a voice. In a field where few volunteer to take on such difficult investigations, Detective Shephard does so willingly and with integrity. She excels at finding the truth and holding offenders accountable, ensuring that justice is pursued for the most vulnerable members of our community.

Her dedication, professionalism, and compassion reflect the highest standards of this department. She brings honor to her unit and is an example of what it means to serve with courage and commitment.

Because of your professionalism and dedication to duty, you are recognized as Outstanding Employee for the Third Quarter 2025.